

		<u>MOVEMENT</u>	<u>QUALITY</u>	<u>WORDS</u>		
<u>PERCUSSIVE</u>	<u>SUSTAINED</u>	<u>SWING</u>	<u>SUSPEND</u>	<u>COLLAPSE</u>	<u>VIBRATORY</u>	<u>EXPLOSIVE</u>
Crisp	Smooth	Pendulum	Defer	Drop	Spasm	Burst
Sudden	Slide	Glide	Stay	Crash	Jerk	Volcanic
Abrupt	Sleek	Hang	Postpone	Fall	Shudder	Blast
Short	Glossy	Dangle	Light	Swoon	Fidget	Blow up
Cut	Soft	Flowing	Extended	Cripple	Waver	Erupt
Slice	Uninterrupted	Fluid	Tense	Shatter	Flicker	Stimulate
Sharp	Flowing	Expand	Still	Heavy	Shake	Aggravate
Quick	Even	Swivel	Frozen	Relax	Tremble	Lash
Staccato	Mild	Dip	Hold	Sink	Quick	Leap
Precise	Anchor	Whirl	Anchor	Free	Tense	Bound
Stamp	Grip	Sway	Hang	Contract	Shiver	Detonate
Punch	Developing	Rock	Reach	Retract	Wobble	Flash
Pound	Light	Pulsate	Stretching	Release	Quiver	Hysteric
Erupt	Settle	Alternate	Lifting	Weak	Patter	Dynamic
Hammering	Elegant	Complete	Adage	Roll	Free	Energetic
Thrusting	Gentle	Repeating	help	Bend	Uncontrolled	Precise
Hit	Graceful	Rhythmic	Romantic	Lunge	Pulsing	Quick
Hard	Still	Fast	Feelings	Down	Fast	Exciting
	Holding	Energy	Breathe	Lower	Sharp	Adrenaline
	Stopped	Lively	rise	Drip	Small	Show-time
	Pause	Bouncy	Waiting	Shrink	Scratching	Sharp
	Pose	Active	Dangle	Close	Wiggle	Sudden
	Frozen	Continuous	Pause	Plunge	Jiggle	Big
	Length	Side to Side		Tumble	Twitch	Surprising
	Perch				Rattle	Fast
	Follow-through				Rattle	Speedy
	Steady				Flinch	Rapid
	Continuous				Flutter	Swift
						Instant